

BEER YOGI VOLUNTEER



PROGRAM APPLICATION

Welcome to the world of health + happiness as practiced through YOGA BEER + COMMUNITY in exchange for volunteer energy! Please take a moment to complete our application and send it back to cheers@yogaontap.ca for review + scheduling! If you have any questions please don't hesitate to reach out! Cheers!
Please answer all of the following questions by circling the appropriate response.

Name:	Phone:
Email:	Address:
Emergency Contact Name and Number	

BEER YOGI SHIFTS

Please indicate your earliest start date, availability, and preference for scheduling. The Dark Box indicates the day of the week each shift applies to. Each shift varies between 2.5-4 hours in length and compensates with yoga + beer during shift as well as 1 free YOT pass to be used at a future session each shift! The more you volunteer, the more you receive!

LOCATION	SHIFT	RECURS	MON	TUES	WED	THURS	FRI	SAT	SUN
Bicycle Craft Brewing	9:45-12:30PM	Monthly							X
Bike to Beer (Canal)	7:00-9:30AM	Weekly						X	
Bike to Beer (Canal)	9:30-12:00PM	Weekly						X	
Bike to Beer (Canal)	4:30-8:30PM	Weekly		X					
Broadhead Brewing	5:45-8:30PM	Weekly				X			
Clocktower Brew Pub	1:15-4:00PM	Biweekly							X
CRAFT Beer Market	8:15-11:00AM	Biweekly						X	
Dominion City Brewing	9:15-12:00PM	Biweekly						X	
Kichesippi Beer	8:15-11:00AM	Biweekly						X	
Lowertown Brewery	5:45-8:30PM	Weekly	X						
Whipsnpr Brewing	10:15-1:00PM	Monthly							X

Additional scheduling notes: _____

You'd prefer to volunteer
What are you really in it for?

WEEKLY
YOGA

BIWEEKLY
BEER

MONTHLY
COMMUNITY



Have you ever done yoga before?	YES	NO
Have you been to a YOGA ON TAP session before?	YES	NO
Have you volunteered for an organization before?	YES	NO
Have you ever been on a brewery tour in Ottawa?	YES	NO
Do you have available transportation to events?	YES	NO

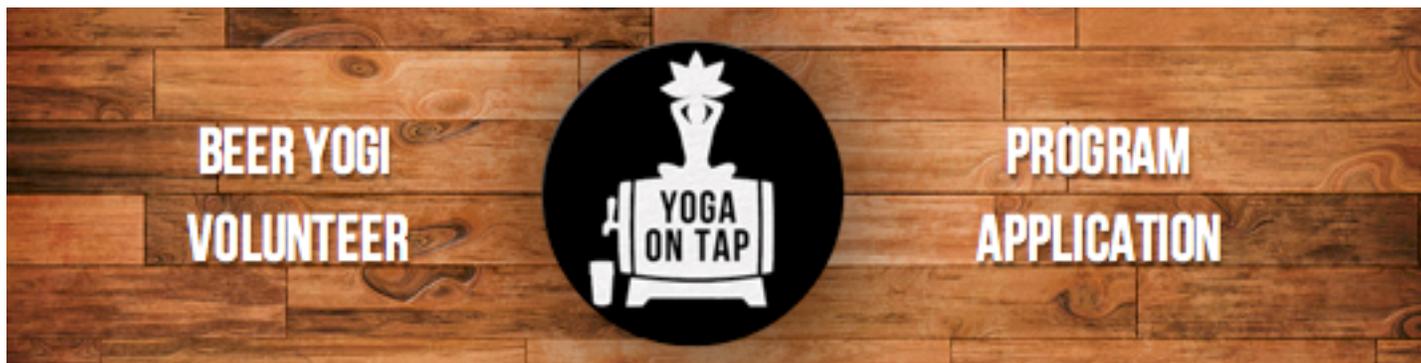
Where did you hear about this opportunity?

Why would you like to volunteer for the YOGA ON TAP Volunteer Program?

Tell us about your most memorable yoga or beer experience. What made it special and how did it feel?

What are your other hobbies + passions? Aka what do you do for balance + fun?

The majority of the work done in our program is showing up earlier and staying after to setup/take down with minimal lifting as well as support with sign-in and directing participants. Please let us know if you are not comfortable moving equipment or chatting with small groups or if you think you could offer other skills to trade for yoga + beer.



Please indicate any physical injury or dietary restrictions that will help us to make this experience happy + healthy for you!

YOGA ON TAP BEER YOGI CONTRACT AGREEMENT

Please initial after each point and sign your name at the bottom of the contract.

- I am committed to stay in the volunteer program for at least 3 months.
- I will arrive for each shift on time and work for the entire duration of my shift (once a month).
- I will attend all mandatory volunteer meetings or will give appropriate notice of absence.
- I understand that this position involves a varying list of duties including setup, take down and chatting with participants.
- I understand that we are guests to another organization during all sessions and will respect the procedures and policies adhered to at each individual location.
- I will bring a positive demeanor to each scheduled shift and check my attitude at the door.
- I understand that if I steal or do any other illegal activity during business with Yoga on Tap that I will be permanently banned from future sessions and that possible legal actions will be taken. I will maintain a regular yoga practice with Yoga on Tap and try to participant in as many sessions as possible to reap the reward of complimentary yoga + beer tasting and support the development of a health + happy lifestyle practice.
- I acknowledge that I am responsible for each scheduled shift. If I cannot make a shift it is up to me to get it covered with a fellow beer yogi.
- I acknowledge that alcohol is involved during sessions and commit to mindful enjoyment while on shift.
- I will respect my fellow Beer Yogis, the staff, owners, teachers, partners, and participants of Yoga on Tap.
- When I leave the program I will provide 2 weeks notice to cheers@yogaontap.ca

I (print name) _____ hereby agree to the terms and conditions of the Beer Yogi Volunteer Program as stated above. I acknowledge that failure to comply with any of the above guidelines may result in my immediate termination within the program.

Signature

Date